

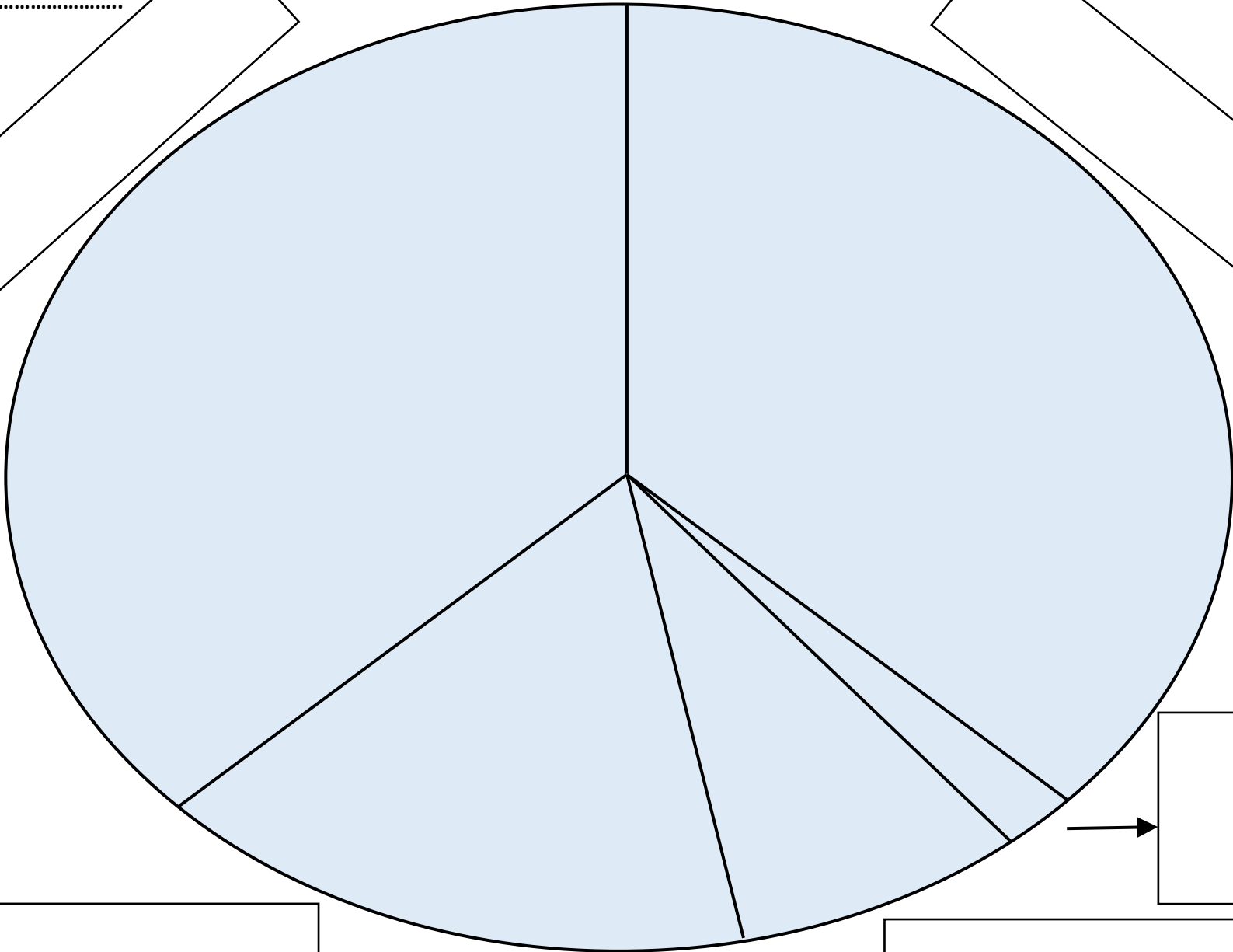
Eatwell Plate

Client Name

Researcher's Names

Empty rectangular box for client name.

Empty rectangular box for researcher's names.



Empty rectangular box at the bottom left.

Empty rectangular box at the bottom right.

Empty rectangular box with an arrow pointing to it from the right side of the pie chart.

Eatwell Plate Task Sheet

Cut between the food items so everyone in the group has a chunk. Each person should then cut out their items. Then as a team, sort them into the 5 food groups. Stick them into the correct sections on your Eatwell plate. Label each section with the name of the food group. Try to use and learn the correct spellings!

