

Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October



Twelve15



Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday



Friday

Option 1

Cheese & Tomato Pizza
with Potato Tots 🌿

Pork Sausages
with Creamed Potato
& Gravy

Roast Pork
with Roast Potatoes
& Gravy

Wholemeal Pasta
Beef Bolognese 🌾

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Plant Based Sausage
Roll with Potato Tots
🌿

Meat-Free Sausage
with Creamed Potato
& Gravy 🌿

Quorn Fillet
with Roast Potatoes
& Gravy 🌿

🌾 **Ricotta Cheese &** 🌿
Spinach Wholemeal
Ravioli in Tomato Sauce

Garden Vegetable
Goujons
with Oven Chips 🌿

Option 3

Jacket Potato with
Tuna & Cucumber

Jacket Potato with
Cheese 🌿

No 3rd Option
Available

Jacket Potato with
Tuna & Sweetcorn

Jacket Potato with
Cheese & Beans

Vegetables

Coleslaw
Garden Peas

Sweetcorn
Green Beans

Carrots
Broccoli

Medley of Vegetables

Garden Peas
Baked Beans

Dessert

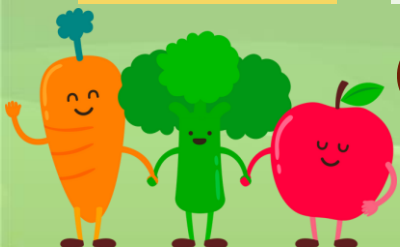
Shortbread Biscuit

Fruit Yoghurt

Orange & Mandarin
Jelly with Whipped
Creme Fraiche 🍊

Fresh Fruit Salad 🍊

Vanilla Ice Cream



LOW
SALT

Reduced sugar
and salt recipes

LESS
SUGAR

Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudités or
salad bar every day

Look out for these symbols
on our healthy choices

🌿 Vegetarian 🐟 Oily Fish
🌾 Wholegrain 🍊 Fruity



We only use fish
from sustainable
sources

Harry Ramsden's
Junior



Designed by Twelve15
Twelve15
Favourites

Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October



Twelve15



No added sugar
Shuggington
Thursday



Friday

Option 1

Meat free
Monday



Tuesday

Wednesday

Ricotta & Mozzarella
Filled Ravioli in
Tomato Sauce 🍋

Beef Burger in a Bun
with Oven Chips

Roast Chicken
with Roast Potatoes
& Gravy

Sweet & Sour Pork
with Noodles

Fish Fingers
with Potato Tots

Option 2

Meat-Free 🍋
Glamorgan Sausage
with Potato Wedges

Southern Style Meat-
Free Burger in a Bun
with Oven Chips 🍋

Quorn Fillet
with Roast Potatoes
& Gravy 🍋

Mac 'n' Cheese with
Wholemeal Garlic
Bread 🍋

Veggie Burrito
🍋

Option 3

Jacket Potato with
Tuna & Cucumber

Jacket Potato with
Cheese 🍋

No 3rd Option
Available

Jacket Potato with
Tuna & Sweetcorn

Jacket Potato with
Cheese & Beans

Vegetables

Green Beans
Carrots

Garden Peas
Sweetcorn

Cauliflower
Carrots

Sweetcorn
Broccoli

Baked Beans
Garden Peas

Dessert

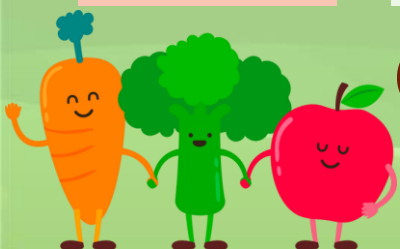
Banana Pancakes 🍌

Mixed Berry Mousse

Fruit Yoghurt

Cheese & Biscuits
with Apple Slices 🍏

Chocolate & Beetroot
Brownie with Whipped
Creme Fraiche



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🌾 Wholegrain 🍏 Fruity



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Junior



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Twelve15
Favourites

Week 3 - Spring / Summer 2023 Menu

Week starting: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October



Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday

Friday

Option 1

Wholemeal
♥ Pasta Bake 🌾

BBQ Chicken
with Rice

Roast Turkey Teddy
Meatloaf with Roast
Potatoes & Gravy

Minced Beef &
Vegetable Pie with
New Potatoes & Gravy

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Meat-Free Chilli
Topped Wedges ♥

Sweet Potato Whirl
with Rice ♥

Quorn Fillet
with Roast Potatoes
& Gravy ♥

Meat-Free Veggie Balls
in Cheese & Tomato
Sauce with Wholemeal
♥ Pasta 🌾

Meat-Free Sausage &
Tomato Roll ♥
with Oven Chips

Option 3

Jacket Potato with
Tuna & Cucumber

Jacket Potato with
Cheese ♥

No 3rd Option
Available

Jacket Potato with
Tuna & Sweetcorn

Jacket Potato with
Cheese & Beans

Vegetables

Coleslaw
Broccoli

Sweetcorn
Garden Peas

Carrots
Cabbage

Green Beans
Sweetcorn

Baked Beans
Garden Peas

Dessert

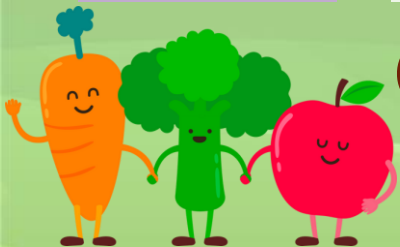
Fruit Yoghurt

Apple Muffin with
Whipped Creme
Fraiche

Strawberry Mousse

Fresh Fruit Salad 🍎

Waffle with Peaches
& Whipped Creme
Fraiche 🍓



Reduced sugar
and salt recipes



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Year 1 and 2

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