

# **October Edition**

from the Starfish UK & Malawi Teams.

## **Virtual Doctors**

We are delighted that after a few years of discussion, Starfish have begun the first partnership with Virtual Doctors in Malawi. This will mean that the medical team at Hope Clinic will have the capability to receive virtual medical advice and assistance when they need it.



Virtual Doctors are a UK-based charity, operating in Zambia & Malawi. They use a simple Smartphone App to connect rural health centres (where there are no doctors) with volunteer Doctors, based predominantly in the UK. The volunteer doctors offer advice to diagnose conditions, and to manage and treat patients. This assists and empowers local health workers, helps reduce unnecessary hospital referrals. If the referral cannot be helped, our service enables the Clinical

Officer to stabilise the patient before their journey to hospital and surgery.

### They aim to...

- Help health workers treat more patients in their own communities.
- Prevent unnecessary referrals to distant hospitals.
- Improve the skills and knowledge of rural health workers (so that they can deal with complex patient cases the next time they present).

#### Virtual Doctors Future Plans

Malawi - Over the next 3 years they aim rollout their successful service to each of the 28 districts in Malawi. This will support the Ministry of Health's efforts to provide universal access to health care and achieve the United Nations' Sustainable Development Goal 3 - Ensure healthy lives and promote wellbeing for all at all ages.

Zambia - In 2022, the Virtual Doctors aims to expand its service into 40 new sites, bringing the total number of sites to 262.



We are so pleased to have this partnership in place, to enable the medical team, provide the best possible care to patients.

For more information about Virtual Doctors, please view their website at www.virtualdoctors.org

### Robson Misho

We are very pleased to let you know that Robson, who works at Salima District Hospital, has completed his Biomedical course, online through the MedAid Academy and has received his certificate. He has worked very hard to achieve this and we congratulate him for endeavouring with it.

Med Aid International have supported Starfish with the delivery of the Oxygen concentrators during the Covid pandemic and provided this course for one person to be trained through. Robson is now qualified to maintain these and other equipment at the hospital. This will mean that equipment that has not been used, due to different mechanical failures, can now be repaired with the knowledge that Robson has acquired through this course.



Robson receiving his certificate from Emmanuel For more information about Med Aid please view their website

https://medaid.co.uk/

# **Everland Minibus**

We have recently taken delivery of a minibus that will be used for the Everland Special Educational Needs Centre. Up to now the Hope Clinic ambulance has been used to transport the children to and from their homes but it meant that during these times it could not be used for patient referrals to hospital and for emergencies. With the arrival of the minibus, which is fitted with child seats and seatbelts, we have returned the ambulance to full use by the clinic and we can now plan ways to use the new minibus for the benefit of disabled children in the community.



For more information about the Everland project, please visit

https://starfishmalawi.com/michael-jackson-legacy

# **Dates for your Diary**

Bewl water Sponsored Walk - Saturday 17th June 2023 More information coming soon



For more information about Starfish Malawi please visit our webpage starfishmalawi.com